

August 20, 2017

Public Relations
Northwest Vista College
3535 N. Ellison Drive
San Antonio, TX 78251

RE: PSI BETA NATIONAL COUNCIL NEWS RELEASE

NORTHWEST VISTA COLLEGE PSI BETA CHAPTER WINS NATIONAL COMMUNITY SERVICE AWARD

The Psi Beta chapter at Northwest Vista College has won Psi Beta's national community service award for 2016-17. The chapter's service project involved hosting a campus and community mental health summit in conjunction with their Psi Beta chapter, the campus counseling center, and the Mental Health Channel. This event included representation from a number of local mental health agencies, a visual display of mental health artwork and poetry, 20-minute film screening followed by a guest speaker, monologues performance, a panel comprised of individuals who are living with a mental illness and mental health professionals, food, live music, and a social media area. The goal was to raise awareness, celebrate our resilience, and transform the mental illness stigma into strength.

Psi Beta's judges were impressed by the quality of Northwest Vista chapter's project and selected it over a number of highly competitive community service projects submitted by other chapters. The award was announced at the 2017 American Psychological Association convention held in Washington, DC in early August. In recognition for conducting an exemplary project, the chapter has been awarded a certificate of recognition and a check for \$100.

Professors Jennifer Fox and Cynthia Jacox serve as the chapter's co-advisors. Psi Beta chapter advisors such as Fox and Jacox volunteer countless hours to mentor their students and provide them with high impact learning activities. Many of Psi Beta's activities benefit not only the student members, but the department, college, and community. Students not affiliated with Psi Beta also benefit from educational events such as Northwest Vista chapter's Mental Health Summit.

The mission of Psi Beta is professional development of psychology students at community colleges through promotion and recognition of excellence in scholarship, leadership, research and community service. Psi Beta is a member of the Association of College Honor Societies and an affiliate of the American Psychological Association and the Association for Psychological Science.

CONTACT:

Jerry Rudmann, PhD
Psi Beta Executive Director
888.PSI.BETA
Cell 714-318-7493
jrudmann@ivc.edu